





Comments, concerns or complaints?

If you have any comments, concerns or complaints and you would like to speak to somebody about them please email communications@dchs.nhs.uk

Are we accessible to you?

This publication is available on request in other formats (for example, large print, easy read, Braille or audio version) and languages. For free translation and/or other format please email

communications@dchs.nhs.uk

Here are just some of the teams we work with on your behalf:

Adult Social Services

Advocacy Services

Ageing well team.

Befriending Services / Community Support

Groups / Luncheon Clubs

Care Link/ Care Home Link

Community Mental Health Team Community Safety / Fire Service / Police Community Therapy Teams / falls services Continence Services

Counselling / Bereavement Support Groups Dementia/Making Space/Alzheimer's Society Advice/Welfare Rights/DWP Derbyshire Carers / Carers Support Groups

Derbyshire Carers Association

District Nurses

GP’s / Practice Nurse / Practice Staff Handy Person DIY Service / Trusty Trader Hearing and Sight Support Services

Hospital Discharge Teams/Home from Hospital

Hospital Admission & Discharge Teams

Housing Associations

Long Term Condition support services such as

Palliative Care Team / MacMillan / Treetops Patient Transport Services

Podiatry Services

Royal British Legion / ex forces support

Respite Care / Day Centre’s

Social Prescribers

Wheelchair Services

Care Coordinators in Chesterfield & Dronfield GP Practices

We are here to help you stay safe and well in your home by offering support, advice and information on services available in the community.

Care Coordinators

Are part of the Community Support Team (CST) employed by Derbyshire Community Health Services. We are based at your local GP Practice.

We can link between all the different services and organization’s in the community.

We can help you to get the support you need to remain independent in your own home for as long as possible.

If you are a family member or carer of someone and you also feel you need some extra help, support or information we can help you too.

How we can help

We can help in a variety of ways, for example:

 Have you got poor mobility?

 Do you struggle with personal care, bathing etc?

 Would you benefit from equipment such as grab rails, raised toilet seat?

 Are you struggling with shopping or cooking?

 Would you like to get out more, are you lonely?

 Have you fallen recently?

 Are you are a carer and struggling?

 Are you worried about your memory?

 Do you worry about your energy?

 Have you had a full benefit / income check?

 Would you like support from bereavement groups or services?

 Have you had a home safety check i.e. fire alarm, door locks etc.

 Do you struggle to manage your long term health conditions?

 Do you understand your medications?

 Would you like advice on living well?

If in doubt, contact your Care Coordinator for advice and support.

Referral to the Care Coordinator

If you are over the age of 65 and would like to know more about how we can help. Either ask your GP (or any other health professional) for a referral.