



## Spring 2018 Newsletter

### Dr Claire Parsons

Dr Parsons has left the practice after over 20 years of loyal and dedicated service. She has left this message for her patients:

“Thank you to all who sent cards, gifts and good wishes, I hope you all enjoy good health for the future.”

Due to the national shortage of GPs we have struggled to recruit a replacement for Dr Parsons. We are not pre-booking patients until we have found a new GP so for

### Reception Signposting

Since August we have asked patients why they feel they need to see a GP, it has worked very well, reducing demand for GP appointments and ensuring patients are seen by the most appropriate member of the primary care team be it GP, Nurse, Health Care Assistant, Pharmacist, Physiotherapist etc.

Very few patients have refused to tell the receptionist why they feel they need to see a GP. Please be assured that preferring not to tell the receptionist why you need to be seen will not result in us refusing an appointment, however if you do misuse the system we will issue a warning.

We have had patients book appointments to speak to the GP about having shampoo in their eye, about letters they have had from the Housing association, about

### Electronic Prescribing

From July 1 all prescriptions will be sent to a pharmacy for you to collect, please let the pharmacy you wish to use aware. If you do not nominate a pharmacy we will nominate one for you. This system is quicker and safer for you.

### School Age Vaccinations

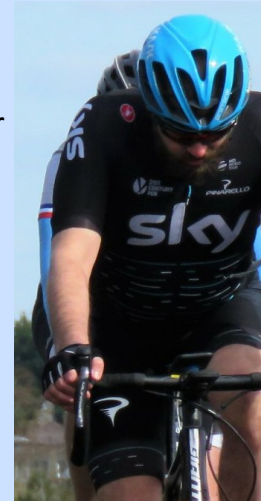
All school age (5-16) vaccinations are done in Schools by Derbyshire Community Health Services, they have access to your child's record and know what vaccinations they have had and what are due, they should not ask you to contact us to find out, they are on **01283 707170**

### David Shovellton-Fullick — Health Care Assistant

David has been with the practice for 5 years, we cannot remember what life was like before he joined us but it must have been quiet!

David does Blood tests, blood pressure checks, health checks (for those in the target group), ECGs, Learning Disability Health checks, Dementia screening, Care plans for Housebound patients, 24hour BP machine fitting, Diabetic foot checks, warfarin monitoring, wound care and suture (stitch) removal. David also visits housebound patients to do routine checks to help them stay as healthy and happy as possible.

David has recently been competing in the Archery and cycling heats for the Invictus Games, If successful he will be heading off to Australia later in the year. I'm sure you join the team at Oakhill in wishing him the best of luck.



We've had numerous requests recently from men who wish to have a Prostate check. The PSA test is not perfect.

- About 75% of men with an abnormal PSA do NOT have prostate cancer and many of these will have unnecessary and uncomfortable investigations as a result.
- About 15% of men with a normal PSA DO have prostate cancer so a normal result may give false reassurance.

This is why PSA testing is not offered as a routine screening test. PSA testing is really for monitoring of patients with known prostate cancer. While PSA testing can have a role in diagnosis, doctors initially focus on a history of urinary symptoms and examination of the prostate when assessing a patient who is concerned about prostate cancer.

Most men with prostate cancer will die with the disease rather than because of the disease. Men with slow growing cancers are offered active surveillance with regular PSA testing and only start treatment if the cancer progresses.

Find out more at [www.nhs.uk/psa](http://www.nhs.uk/psa)

### Surgery Closures

We will be closed on the second Wednesday of each month from 1pm for staff Training, when we are closed please call 111.

### Virtual Patient Participation Group

We are always looking for new members so please leave your name and email address at reception if you would like to be involved in our virtual group. Its purpose is so the practice can consult with you and you can offer views, opinions and suggestions. Please fill in a form at Reception or email the Practice Manager on [Helen.Foster12@nhs.net](mailto:Helen.Foster12@nhs.net)

